



Middle Tennessee Chapter
A 2020 5-Star Level of Excellence Award Chapter
Military Officers Association of America



Web: <https://www.mtcmoaa.org>

October 2021

Editor: Doug Minton

MOAA Monthly Meeting

26 October 2021;
11:30 AM-1:00 PM

"Brain Health"

Ms. Ashley Briggs
 Alzheimer's Association Community
 Educator

Old Natchez Country Club,
 115 Gardengate Drive,
 Franklin, TN 37069

Our speaker:

Ms. Ashley Briggs will present strategies to keep your brain healthy at our upcoming meeting. Ms. Briggs received her Bachelor of Science degree in Psychology from Middle Tennessee State University, where she developed an interest in brain development. After volunteering in crisis counseling, Ashley began working with older adults and has worked in dementia care for almost 15 years, creating programs for older adults living with various dementia diagnoses. She is currently the Sales Director at Elmcroft Senior Living and an Alzheimer's Association Community Educator for the Middle and Northeast Tennessee Chapters of the Alzheimer's Association.

Brain Health:

Brain health refers to how well a person's brain functions to support everyday activities to function in society and enjoy life. Emerging research indicates that people can reduce their risks of cognitive decline by making key lifestyle changes in the areas of diet and nutrition, exercise, cognitive activity, and social engagement, and gaining insight into lifestyle choices that may help keep your brain and body healthy as you age.

The Middle Tennessee Chapter of the Alzheimer's Association is the lead organization for the **Tennessee Alzheimer's Association Military Advisory Council (TAAMAC)**. This statewide organization works to improve support and education for Tennessee veterans impacted by dementia and their families. Veterans are disproportionately affected by Alzheimer's disease and other forms of dementia - with research showing that this may be due to the increased incidence of Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injuries (TBIs) in this community - so this work is particularly vital. The council meets once every two months for an hour, and council members spend an hour or two between meetings on mission-oriented tasks. Please contact Alzheimer's Association Program Manager Kelsey Williams at kewilliams@alz.org or 615-622-4182 for more information.

Officers

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Chapter Contact Information

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Website:

<https://www.mtcmoaa.org>

Contact Phone: **(615) 415-6816**

Contact Email:

info@mtcmoaa.org

RSVP and Mask Requirements for the October 2021 meeting.

No requirement to submit an RSVP for the October meeting.

If you have been vaccinated for Covid-19 there is NO mask requirement for this meeting; however, **if you have not been vaccinated we ask that you wear a mask in the meeting, with the exception of when you are eating.**

If you have been vaccinated and still feel more comfortable wearing a mask, then please do so.

MOAA Dues Alert

If you pay MOAA dues on an Annual Basis, we were advised that there is a high probability that your annual rate will increase in 2022. Unfortunately we were not provided a specific rate of increase (information was mentioned at the Mid-Atlantic Region Virtual Workshop in September). If your dues are payable in early January, now might be the time to look at renewing now on a multiple year rate.

President's Letter

I want to express my gratitude to everyone who has already contributed to our 2021 MTC Scholarship Initiative. By the beginning of October our contribution total is an impressive \$7,924. These dollars support our annual Veteran Scholarships for Belmont and Lipscomb Universities. They additionally go toward building a perpetual endowed Lipscomb Veteran scholarship and building a fourth MOAA National endowed scholarship for military family members.

We want to wrap up the scholarship collection by the middle of November so we can disperse the donations to the respective agencies before the end of the calendar year. Traditionally we ask each member to make a minimum \$25.00 tax-deductible contribution to support our scholarship initiative. If you are contributing directly to MOAA National, we ask that you annotate on your check that your donation be credited to the Middle Tennessee Chapter. For contributions directly to the Middle Tennessee Chapter, our scholarship letter to you included a self-addressed envelope, or you can drop off your check at the front desk at our October meeting.

It's amazing once again that we're within a few weeks of the holiday season. Our last year holidays (2020) were limited by COVID-related travel restrictions that kept many of us apart from family and friends. Vaccines were only just being approved for EUA in December! Fast forward to today. While everything may not be full speed yet, I'm grateful that my family was able to reconnect this past summer with family and friends, and we are looking forward to doing so again during the holidays. Speaking of the holiday time, I encourage you to look up Wreaths Across America which will take place this year at the McCrory Lane Veteran Cemetery at 11:00 on 18 December. Additionally, we have several veteran and military events happening in our area, so please go to our website <http://www.mtcmoaa.org/areaeventcalendar.html> to see what's happening.

We had another interesting and well-attended meeting on 28 September where we heard from Mr. Jim Ward of Matthew 25. Thank you to all who attended. I look forward to seeing many of you again at the Old Natchez Country Club for our 26 October meeting. We will hear a presentation on brain health from the Alzheimer's Association.

Before I close, I want to wish a Happy Birthday on October 13 to our US Navy brothers and sisters.


 Michael Patenaude
 LTC, USA Retired
 President

MIDDLE TENNESSEE CHAPTER
Military Officers Association of America
P. O. Box 50252
Nashville, TN 37205-0252



Happy 246th Birthday to the
U. S. Navy
13 October 1775

ADDRESS SERVICE REQUESTED

Upcoming Programs & Events

11 October 2021; 10:00 - ?

"13th Annual ASC Celebrity Chip-In Golf Scramble"

(Fundraiser for A Soldier's Child Foundation)
Stones River Country Club, Murfreesboro, TN

20 October 2021; 1130 AM-1:30 PM

"TN Council of Chapters Meeting"

Sammy B's Restaurant, Lebanon TN

26 October 2021; 11:30 - 1:00 PM

MTC Monthly Luncheon Meeting

"Brain Health"

Ms. Ashley Briggs

Alzheimer's Association Community Educator
Old Natchez Country Club, 115 Gardengate Drive,
Franklin, TN 37069

2 November 2021; 7- 8:00 AM

"MTC Monthly Board Meeting"

NGATN Office, 4332 Kenilwood Dr., Nashville, TN

4 November 2021; 7:30 AM - 10:00 AM

"OSDTN Annual Heroes Breakfast"

Music City Center, Nashville, TN

30 November 2021; 11:30 - 1:00 PM

(Please note date and location change!)

MTC Monthly Luncheon Meeting

"Space Force"

Operation Stand Down TN
1125 12th Ave S, Nashville, TN 37203

7 December 2021; 7- 8:00 AM

"MTC Monthly Board Meeting"

NGATN Office, 4332 Kenilwood Dr., Nashville, TN

18 December 2021; 11:00 AM

"Wreaths Across America"

Middle Tennessee State Veterans Cemetery
7931 McCrory Lane Nashville, TN 37221
(For more information on sponsoring wreaths go
to: Wreaths Across America)

(No monthly meeting in December)

Literature Distribution at MTC Meetings

As a reminder to our members, The Military Officers Association of America, and the Middle Tennessee Chapter as an affiliate, are Section 501 (c) (19) organizations. This allows contributions to be tax exempt. We are prohibited from advocating for issues that may represent one political platform over another or supporting a candidate for elected office. To this end, we limit our chapter advocacy to MOAA supported national issues and veteran and military issues at the state level that do not represent one political platform.

To protect our status, we want to ensure any literature from our chapter complies with these limitations. We provide some printed materials at our meetings and occasionally include handouts from our presenters. If an individual member wishes to provide material of interest at one of our meetings, we request an emailed copy of these materials by the last day of the preceding month, so our board has time to review.

Legislative Update

NDAA has passed the House and SASC work is underway. There were 794 amendments submitted for consideration in the House prior to passage.

The final version **includes** the following MOAA priorities:

- 2.7% Military Pay Raise
- Provisions from the Military Hunger Prevention Act – provides a new allowance for families that fall within a band of the local poverty level.
- Directs Defense Health Agency to create an appeals process for TRICARE Tier 4 non-covered drugs
- Directs DOD to assess feasibility of increasing US manufacturing of pharmaceuticals to reduce reliance on adversarial nation manufacturing to improve combat readiness

The following MOAA priorities **were not included** in either House or Senate versions:

- Expansion of TRICARE for young adult parity
- Expansion of TRICARE for GUARD/Reserve coverage

Comprehensive Toxic Exposure Reform

What started as four bills became the catalyst for overarching (omnibus) legislation offered by the House and Senate – together, this topic has amassed 200 co-sponsors, including key legislators from both chambers. Legislation being sought here is not tied to the FY 2022 National Defense Authorization Act (NDAA), so it could have success as a standalone bill or be wrapped up with other supplemental legislation or appropriations. Please visit the MOAA Advocacy Center and let your Legislator know that you support this initiative.

[Send a Toxic Exposure Action Message \(moaa.org\)](http://moaa.org).